

DOROTHY C. BENSON SENIOR MULTIPURPOSE COMPLEX

6500 Vernon Woods Drive, Sandy Springs, GA 30328

404-613-4900

www.bensoncenter.org

Days & Hours of Operations: Mon.-Fri. 7:00 a.m. – 5:00 p.m.

September Event Schedule

Upcoming Events

9/4 (Tues.) Benson Hike Location to be determined, participants will partake in a leisurely walk while others endure a more strenuous hike. Departing 9 a.m., returning 3 p.m., see Nicole in the Fitness Center to sign up! \$5 transportation fee, lunch at your expense.

9/5 (Wed.) Braves Game Atlanta Braves vs. Boston Red Sox (\$21) Game begins at 12:00p.m. -5 p.m., Ticket sale begins Mon., 8/6 from 8:30 a.m.-11:00 a.m. in the Multipurpose Lobby. Sales will continue until all tickets are sold.

9/8 (Sat.) Grandparents Community Day Free entertainment, fun, food and games for all. Location: Benson Complex, 11 a.m. - 2 p.m.

9/11 (Tues.) Medicare Options for You Benson participants will have the opportunity to learn the different Medicare options available to them before open enrollment begins, location Conf. Rms. A&B, time: 10 a.m. – 12 p.m.

9/19 (Wed.) Sugar- the Not so Sweet Truth Sugar is everywhere and most people eat way too much! Participants will find out why this popular food is on high alert when it comes to their health and what they can do about it. Location: Conf. A& B, Time: 10-11 a.m.

Class Registration Dates for 2018

- ✓ **September 10 – September 21** (Mon. – Fri.)
- ✓ **December 3 - December 14** (Mon.-Fri.)
- ✓ **Time: 9 a.m. – 12 p.m.**, Lunch Break: 12 p.m. – 1:30 p.m., Registration Restart Time: 1:30- 3:30 p.m.
 - ✓ Your membership application must be updated “**annually**,” please bring “current” proof of residency when updating.
 - ✓ **To register** for upcoming classes please **bring your Benson identification card** with you.

Benson’s Holiday & Closing Schedule 2018



Columbus Day (Mon).10/8



Thanksgiving (Thurs. & Fri.) 11/22 & 23



Veteran’s Day (Mon.) 11/12



12/24 & 25 (Mon. & Tues.) Christmas