

Dorothy C. Benson

Senior Multipurpose Complex

6500 Vernon Woods Drive

Sandy Springs, Ga 30328

www.Bensoncenter.org

Monday - Friday

8:30 am - 5:00 pm

(404) 613-4900

Breakfast:

\$2 plus tax (8:30 am - 9:30 am) Monday-Friday

Lunch:

\$3 plus tax (12:00 pm - 1:30 pm) Monday-Friday

Location:

Multipurpose Dining Hall

Registered Participants and Seniors (55+)

NOVEMBER NEWSLETTER

Weekly & Monthly Events

-BLOOD PRESSURE CHECK- WEDNESDAYS

10:00 am - 12 noon

MULTIPURPOSE BLD. B LOBBY

Volunteer: Frances Katapodis

-BENSON SALON-

For an Appt call:

Glenda Anderson, Hairstylist

(770) 881-1788

1ST Week of every month

-BENSON CENTER-

TAG OFFICE

MONDAY & WEDNESDAY ONLY!

BUILDING: B

9:00 am - 3:00 pm

Fulton County Residence (55+)

(404) 612-2357

-CHESS & DOMINOES - EVERY WEDNESDAY

CHESS: 1:00 pm

DOMINOS: 2:00 pm - 3:00 pm

BENSON GAME ROOM

* BEGINNERS ONLY *

-BRIDGE-

EVERY TUESDAY

COMPUTER LAB

1:30 pm - 3:30 pm

* BENSON MEMBERS ONLY

Special Events

-Benson Book Club -

"One-in-a-Million Boy"

By: Monica Wood

Monday, November 3rd

12 noon

Multipurpose Conference Room

-Honoring Our Veterans-

Veteran's Day Brunch

Regular priced breakfast for Benson Members & Guest

(Benson Veterans Complimentary Meal)

Please sign up at the front desk

Live entertainment by the Benson band

"The Scuppernongs"

RSVP BY: Friday, October 24th

Wednesday, November 5th

9:15 am-10:15 am

-Brain Health Hybrid Workshop-

Darby Tracey CDP, CTRS

Wednesday November 5th, 2025.

12 Noon to 1:00 PM

Benson Multipurpose Conference Room

Zoom

Zoom Link - [https://zoom.us/j/91327098130?](https://zoom.us/j/91327098130?from=addon)
from=addon

-Watershed Management-

City of Atlanta

Building: B Lobby

Wednesday, November 5th

11:00 am - 12:00 pm

-Covenant Stage Play-

Alliance Theatre

Thursday, November 6th

10:30 am

Bus Leaves: 9:15 am

(SOLD OUT)

-UTIs Hybrid Workshop-

Dr. Chris Kim, Georgia Urology

Wednesday, November 12th

12 Noon to 1:00 PM

Benson Multipurpose Conference Room

Zoom Link -
<https://northside.zoom.us/j/84163394014>

-Please Sign Up at the Front Desk-

(This Workshop is mainly for our LADIES)

-Live Band-

Variety of Dance Music

"VETERANS APPRECIATION"

N2U Band

Attire: Dressy or Patriotic

Every 2nd Friday of each month

Multipurpose Dining Hall

Friday, November 14th

7:30 PM - 10:00 PM

\$15.00

Charlotte: (678) 736-3891

Sponsored: After Hours Social Club

-AARP -

SMART Driver Safety Course

Multipurpose Conference Room

Tuesday, November 18th

9:00 am - 3:30 pm

(SOLD OUT)

-Men's Health Education Hybrid Workshop-

Lunch & Learn

(Spouses are welcome)

Dr. Akash Kapadia

Wednesday, November 19th, 2025

12 Noon to 1:00 PM

Benson Center Multipurpose Conference Room

Zoom Link - [https://zoom.us/j/94783107156?](https://zoom.us/j/94783107156?from=addon)
from=addon

-Benson Holiday Luncheon-

Complimentary Lunch

(FOR MEMBERS ONLY)

Benson Multipurpose Dining Hall

Thursday, November 20th

11:30 am

-November Birthday Celebration-

Multipurpose Dining Hall

Friday, November 21st

1:00 pm

-Free Food Pantry-

Solidarity Sandy Springs

Multipurpose Dining Hall

(Please bring your own bag)

-Sign up at the Front desk to receive a ticket-

Friday, November 21st

8:30 am - 9:30 am



Quarterly Class Schedule Important 2025 Dates Fulton County Government Senior Multipurpose Facilities: Benson, Bowden, Darnell & Mills



Fall Classes End on: Friday, December 5th
Class Registration Week: December 8th – 12th
Down Week: December 17th, 18th & 19th
Winter Classes Start: Monday, January 5th



Members don't forget to scan in Daily at the front desk



Identification Card Pictures, if you have not taken a picture for your Benson identification card, please sign up at the front desk.



Benson's Holiday & Closing Schedule



-Veterans Day-
November 11th
-Thanksgiving-
November 27th & 28th
-Christmas-
December 24th, 25th, & 26th
-New Years Eve & New Years Day-
December 31st 2025, & January 1st 2026 & January 2nd 2026





Dorothy C. Benson

A TIME TO

Give Thanks

